

# YCAP NEWSLETTER

Quarterly newsletter for Yamhill Community Action Partnership.

■ Fall 2019



## 2019 YCAP BOARD OF DIRECTORS

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## Weatherization Assistance Program Takes Extra Steps for Safety

The Weatherization Assistance Program recently helped two disabled, senior citizens living in rural Yamhill County, who had fallen multiple times on their front stairs.

The couple had been referred for assistance with their energy bills from the YCAP Energy Assistance Program. An energy audit, conducted by YCAP, determined nearly 12% of the household income was being spent on the electricity bill as a result of trying to stay warm during the winter months. YCAP identified several areas of energy loss, and by using state, federal and ratepayer funds, YCAP installed a new, energy-efficient heat pump, sealed existing ductwork, provided

infiltration reduction, and thermally improved windows, thereby reducing the amount of electricity needed by over 50%!

Typically YCAP would have considered this job complete; however, the front stairs were so unsafe, we sought additional support. Fortunately, Home Instead stepped in and made a generous donation, so private funds were available to make the repairs. The couple now has a stable and secure walking surface, new stairs, and a handrail that are all within building code requirements. They are very grateful and are now enjoying lower energy costs and a safer entrance to their home.



Food Bank Programs and Logistics Coordinator, Dave Rucker with YCAP volunteer, Bruce Waltz

## Celebrating Ten Years of Service

YCAP simply wouldn't exist without amazing volunteers like Bruce Waltz. After retiring from the McMinnville school district ten years ago, he has chosen to give back to our community in a really big way. Bruce volunteers his service to YCAP driving food acquisition and delivery trucks every Tuesday and Thursday. He has literally moved tons of food from local grocery stores to families in need throughout Yamhill County, and we appreciate him immensely! Please visit our website to find out more about our volunteer needs: [www.yamhillcap.org/volunteer](http://www.yamhillcap.org/volunteer)



*“At a recent training, I learned of a wonderful promise that community agencies like YCAP have made all across the country: Community action changes lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other. Thank you for helping YCAP keep this promise every day!”*

**Alexandra Hendgen, Executive Director**

## Food Bank: Seasons of Growing, Giving and Gratitude

As the summer growing season comes to an end, our clients have let us know how very grateful they are for YCAP’s fresh produce program, Harvest2Home (H2H). Every single week the program has successfully distributed thousands of pounds of fresh fruit and vegetables to neighborhood distribution sites and meal centers throughout Yamhill County, including our largest site at the McMinnville Senior Center.



*Volunteers distribute fresh, high quality produce at the McMinnville Senior Center*

Much of this delicious bounty was made available to us by local farms and the McMinnville Community Garden, which dedicates 74 raised garden beds, exclusively for the YCAP Food Bank. Every week they generously donate picture-perfect herbs, vegetables and fruits for our neighbors in need. They recently supplied Yamhill County families with 1,220 pounds of carrots! We are certainly grateful to the volunteers and donors who donate their valuable time and funds to



*Martha Penhall, YCAP Food Bank Manager, receiving 1,220 pounds of carrots donated by the McMinnville Community Garden to YCAP*

help us collect and distribute all of this fresh, vitamin-rich food to the families that need it the most. We are especially thankful to our new H2H sponsors: Spirit Mountain Community Fund, Reser Family Foundation and the PGE Foundation. All of their hard work and generosity is greatly appreciated by the YCAP Food Bank staff and those that receive this beautiful bounty. After a seasonal focus on fresh produce, YCAP is in great



*Dave Rucker, YCAP Food Bank Programs and Logistics Coordinator, with some of the amazing volunteers at McMinnville Senior Center*

need of shelf-stable items to fill the cupboards during the cold winter months ahead. Our shelves are currently empty of many essential products, including hearty soups and chili, peanut butter, canned tuna and meats, beans, pasta and canned



*Freshly picked green beans, donated by Ruddenklau Farms for YCAP distribution*

fruit and vegetables. With that in mind, Fall is the beginning of our Feed Hope campaign, and there are numerous ways to participate this year. We hope our community continues to be generous this season with canned and shelf stable food donations. YCAP has already begun delivering food drive barrels to businesses and schools throughout Yamhill County to make it easy for you to donate and help ensure families have nutritious meals all season long.

**If your business or organization is interested in hosting a food drive to benefit Yamhill County families in need, please contact Diane at [dianeL@yamhillcap.org](mailto:dianeL@yamhillcap.org)**



# Light the Fire

## PLEASE JOIN US!

Back by popular demand, **Light the Fire** is returning this year! The event will be held on **November 7th, 6 pm to 9 pm** at the lovely **Chehalem Cultural Center in Newberg**. Chef Paul Losch and his team of local chefs will delight attendees with delicious cuisine, while guests enjoy inspiring entertainment and an amazing open wine bar filled with local favorites. An artistic silent auction and raise the paddle will round out the evening in style! Please join us in supporting Yamhill County families in need this fall and winter.

**TICKETS - \$65**

**PURCHASE ONLINE: [yamhillcap.org/lightthefire](http://yamhillcap.org/lightthefire)**

The B-Corp wineries below will be sharing their excellent wines during the event.



**Ember Sponsor**  
Mark Schwing CPA PC



## SAVE THE DATES: Community Cantata Choir

The 2019 Community Cantata Choir is excited to announce their one hour presentation of "What Kind of Throne". This choral cantata, presented in its 33rd season, blends narration with a collection of Christmas music in contemporary and traditional styles.

The upbeat and moving music should appeal to most tastes and ages. All performances will be interpreted in American Sign Language (ASL) for the hearing impaired.

The schedule is subject to change. Please visit [www.yamhillcap.org](http://www.yamhillcap.org) after December 1st for updates. In case of inclement weather, please contact the host Church on the day of the event.

*Wednesday, December 4th, 7pm*  
*St. Paul Lutheran, Sherwood*

*Friday, December 6th, 7pm*  
*First Presbyterian, McMinnville*

*Saturday, December 7th, 7pm*  
*Church of the Nazarene, Newberg*

*Sunday, December 8th, 4pm*  
*Amity Christian Church, Amity*

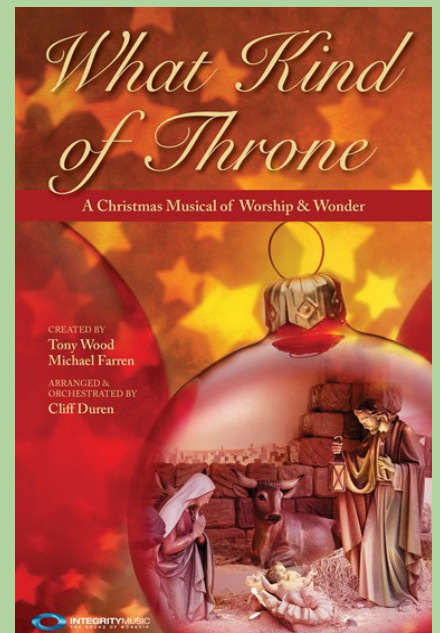
*Friday, December 13th, 7pm*  
*First Baptist, Dayton*

*Saturday, December 14th, 2pm*  
*St. John Catholic, Yamhill*

*Wednesday, December 18th, 7pm*  
*St. James Catholic, McMinnville*

*Saturday, December 21st, 3pm*  
*Joyful Servant Lutheran, Newberg*

*Sunday, December 22nd, 3pm*  
*Seventh Day Adventist, McMinnville*



We are excited to announce the Community Cantata schedule for the 2019 season. An offering will be taken at the end of each presentation with all proceeds donated to the YCAP Food Bank.

# Feed Hope this Season

During FEED HOPE the community gathers shelf-stable food items for YCAP to deliver to partner pantries and meal sites. Many businesses will host internal food drives, such as Cascade Steel Rolling Mills Inc. and Yamhill County Employees Association, and you can participate at any of the locations below. For more information, email Diane Longaker at [dianeL@yamhillcap.org](mailto:dianeL@yamhillcap.org)



**November 14-  
January 2,**

Jim Doran Subaru has chosen YCAP as the recipient of their "Share

the Love" event! Purchase or lease a new Subaru, and they will donate \$250 for food for Yamhill County families in need. Shelf-stable food donations are also accepted at Jim Doran Subaru and Chevrolet.



**WINGS & WAVES**  
— WATER PARK —

During the month of November, Wings & Waves Waterpark will collect shelf-stable food items for donation to YCAP. Please bring hearty soups, canned meals, canned fruits and veggies, shelf-stable milk and peanut butter for discounted admission. **During the month of December**, they will be collecting much needed clothing and cold/wet weather items to be donated to homeless Yamhill County residents during the Point in Time count that will take place in January.

Let's  
**STUFF THE BUS**  
food, toys, funds

**December 6th**  
Various Schools 9:00am to 3:30pm  
Linfield College 3:30pm to 5:30pm

**December 7th**  
9:00am to 3:00pm  
BiMart/Roth's Grocery Outlet  
JCPenney Walmart



During the month of December, up to \$20 of library overdue fines can be waived to help those in need! For each nonperishable, undamaged, unexpired, and labeled food item you bring, receive \$1 off library fines.



The MHS Canned Food Drive will take place **December 2 -13**, with all proceeds going to YCAP. Go Grizzlies!



**November 1-December 31,** Willamette Valley wineries team up to provide emergency food for our neighbors in need and support for fresh food programs through the Oregon Food Bank Network. Find out more at <https://willamettewines.com/willamette-cares-food-share/>



**The Preservation Project** is our community at its best! Fruit was grown by Mineral Springs Ranch, located at Soter Vineyards. Republic of Jam provided canning, and Oregon Stationers printed labels. Jam can be purchased for \$8 each at the YCAP office or by emailing Diane at [dianeL@yamhillcap.org](mailto:dianeL@yamhillcap.org). Jam sales provide nutritious food to our neighbors in need year round. Available while supplies last! Give these yummy jars of summer to your friends and family this holiday season!

**Ham Fam Fun Run- 9am on Thanksgiving Day, November 28.** 5k run or 2k walk. \$6 or 3 cans of food entry fee. All proceeds benefit YCAP. Start and finish line: 333 NW 9th, McMinnville

**Safeway/Albertsons, McMinnville and Safeway, Newberg- October through December.** Both stores are selling Turkey Bucks and Santa Bucks to benefit YCAP! The bucks are conveniently located at their checkout counters.

## Other Ways to Give



Drop 15 pounds the moment you walk in the door at Excell Fitness in McMinnville and Newberg! Both locations will be collecting 15 pound frozen turkeys and providing special offers to members. Their goal is to collect 2,000 pounds of donated turkeys to share with those who are hungry in Yamhill County.

**Handmade Holiday Craft Fair- Yamhill Valley Heritage Center, December 7.** 50+ vendors, local art, silent auction, food, decorated tree auction, and a food drive for YCAP. Free admission - Donations to the museum are gladly accepted.

**Roth's, McMinnville- November and December.** Holiday food bags are available for purchase to benefit Yamhill County families in need. Available at their checkout counters.

# CLIENT SERVICES & HOUSING: Innovative New Program



A YCAP client and recent graduate of our Rent Well program receives a "Street to Home" supply kit and keys to her very own apartment.

This past year, the YCAP Client Services and Housing Department was excited to add an innovative new program to our continuum of existing housing and homelessness services. The project is a supportive housing program for persons who are medically fragile and experiencing homelessness. In response to a rising trend of individuals with serious medical issues being encountered by the YCAP Client Services and Housing team, this housing

project targets those with the most serious, sometimes end-stage, medical conditions for rapid housing entry. In-home case management is also provided to assist each client in maintaining their housing and getting the healthcare and other supportive services needed.

This past month, we celebrated another client housed through this program after she had spent over a year in shelters and on the streets. She was connected with a YCAP Case Manager, who learned that her illness causes severe issues with her motor skills. This made it extremely difficult for her to complete basic tasks and take care of herself while living on the streets. She also had to walk long distances each day just to meet her basic needs. Due to a past eviction, she was unable to secure housing on her own.

After completing YCAP's Rent Well program, and working with our Client Services Housing Specialist, a ground floor unit that met her medical needs was obtained for her. She was able to move into her apartment and also received an assessment for in-home care. She was very grateful to have a safe place to live and is looking forward to working with a YCAP Case Manager on her long term goals.


## YOUTH SERVICES: Yamhill County Kids Need Host Homes

YCAP is expanding our teen shelter services in Yamhill County by recruiting new Host Home families, and we need your help. In the last 9 months alone, Youth Outreach street teams have identified more than 170 unaccompanied youth across the county. Some were couch surfing, some had run away from unsafe situations, and still others were scared and didn't know where to turn. Whenever possible, services were provided on the spot, many were referred to YCAP's SafeShelter program.

Have you heard about SafeShelter? It's our temporary emergency shelter program for youth ages 11-17. It's available all over Yamhill County, offering safety, security, and a helping hand in creating long-term healthy solutions for youth and families. SafeShelter can provide up to 21 days of temporary supportive housing, using a certified host home model, for runaway and homeless youth. While sheltered, practitioners work with the youth and their family, whenever possible, to find a permanent, stable, living situation. Youth are connected with a variety of services including counseling & treatment, academic support, peer support groups, healthy recreation opportunities, family mediation, and many others through our Youth Outreach program.

We're currently recruiting new Host Homes families throughout the county. Perhaps you can help a young person experiencing homelessness by temporarily providing safety and security. A variety of household structures are perfect for being Host families—small, big, with many children, or no children. Working families, single individuals, retirees - we know that families come in all shapes and sizes. Do you have a spare room? Applicants are required to pass background checks and provide biographical information as well as participate in regularly scheduled training with ongoing individual support and group support meetings. Once certified, Host Home families will receive a monthly stipend and a nightly allowance when sheltering youth.

If you are interested in helping youth by providing a safe place or have more questions, please contact Mark at 503-550-2446 or [mark@yoservices.org](mailto:mark@yoservices.org).

 *I was one of the teenagers that needed some extra help, that's why it's important to me. Now, as a Host Home, we have the opportunity to connect with youth and help out in a small way.*

*M. V., Host Home since 2013* 

# #GIVING TUESDAY

**SAVE THE DATE: Giving Tuesday, December 3rd!**

You can help alleviate hunger and homelessness in our community by making a donation to YCAP on Giving Tuesday. Your donation will provide food and shelter to families in Yamhill County! Giving Tuesday is about communities coming together to help one another. Generous local businesses and community leaders are joining the movement to match your gift.

**Please visit our website on December 3rd to make your donation: [www.yamhillcap.org](http://www.yamhillcap.org)**

## THE MELT DOWN

DELUXE EDITION



**2020 - YAMHILL COUNTY  
GRILLED CHEESE SANDWICH CHALLENGE  
FEBRUARY 1-29**

## Coming to a restaurant near you in 2020!

Please join our **Facebook Group The Melt Down!** You don't want to miss all the ooey gooey goodness we have planned for next year. Lots of yummy, cheesy, delicious surprises are right around the corner! #tmd2020

**YCAP**



## THANK YOU FOR YOUR CONTINUED SUPPORT!

Yamhill Community Action Partnership (YCAP)  
Main Campus  
1317 NE Dustin Court  
McMinnville, OR 97128  
503-472-0457  
Office Hours: M-F 8:30 a.m.—5:00 p.m.

Youth Outreach Center  
719 E First Street  
Newberg, OR 97132  
503-538-8023  
Office Hours: M-F 9:00 a.m.—9:00 p.m.  
YCAP is an equal opportunity provider and employer.